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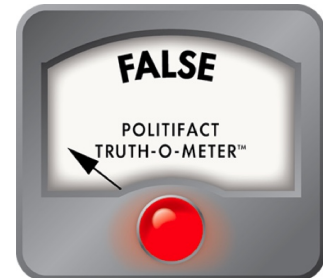
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Donald Trump

stated on May 31, 2026 in a Truth Social post:

Says his cognitive test results showed he has “extreme intelligence.”



DISABILITY

HEALTH CARE

🔍 DONALD TRUMP



President Donald Trump speaks during a Cabinet meeting at the White House on May 27, 2026. (AP)

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By [Louis Jacobson](#)
June 3, 2026

Cognitive test Trump took screens for signs of dementia, not intelligence levels

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IF YOUR TIME IS SHORT

- Medical experts have said they believe that President Donald Trump recently took the Montreal Cognitive Assessment. It is designed to detect cognitive impairment, not intelligence.
- Trump said he scored 30 out of 30. That shows that a patient has normal cognitive function.

[See the sources for this fact-check](#)

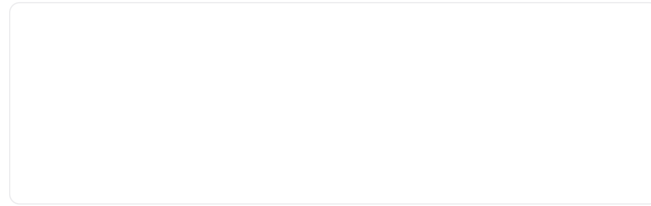
President Donald Trump recently celebrated what he called an "extremely good" medical examination.

In a May 31 [Truth Social post](#), Trump wrote:

"The results of my Physical Examination, taken at Walter Reed Military Medical Center, and just released, were extremely good. Unlike other U.S. Presidents, none of whom have ever taken an approved, high difficulty, Cognitive Test, I scored a perfect 30 out of 30, considered 'extreme intelligence.' Are the Dumocrats really surprised? In fact, this is my fourth such test, all PERFECT or, 120 correct answers out of 120 questions asked! It is very rare that anyone gets a Perfect Score, especially when achieved four times in a row. All people running for President and Vice President should be forced to take high difficulty Cognitive Tests. Congress, and the

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Dumocrats, should demand it! President
DONALD J. TRUMP"



We'll have to take Trump's word for it that he scored a 30 out of 30 on the test, which medical experts believe — based on Trump's own descriptions — is the Montreal Cognitive Assessment. (When we asked the White House whether that was the test Trump took, a spokesperson did not dispute it.) Trump [reportedly](#) also took the test in 2018 and twice in 2025.

But medical experts said Trump inaccurately described the test as measuring intelligence. Instead, it aims to detect signs of cognitive impairment; if the score is low enough, then further testing is recommended.

"The test measures cognition," including attention, concentration, language, memory, abstract thinking and calculation skills, said [Ziad Nasreddine](#), a Quebec-based neurologist who created the 10-minute [Montreal Cognitive Assessment](#) in 2005. "Cognitive function is correlated with IQ. But the test was not designed to detect the genius level of cognitive performance. It's meant to reassure that cognitive functions are normal."

Patients [might have to read](#) a list of words and recall them; repeat a list of numbers forward and backward; subtract a one-digit number repeatedly starting from 100; repeat a sentence; draw comparisons between two objects; and know the time of day and their location.

Trump [garnered attention](#) in 2020 when he [told](#) Fox News, "It's like you'll go: Person, woman, man, camera, TV. So they say, 'Could you repeat

that?' So I said, 'Yeah. So it's person, woman, man, camera, TV.' 'Okay, that's very good. If you get it in order, you get extra points.'" (Nasreddine [has said](#) that the test has never included that series of words, nor another example Trump has cited involving a giraffe, tiger and whale.)

Scores from 26 to 30 are considered normal. Scores below 26 are considered to reflect some form of cognitive impairment, with the degree of impairment increasing as the score drops.

This is not the first time Trump has boasted about having high scores on the test. He mentioned it in [several speeches](#) and [interviews earlier this year](#). In December 2025, after he said he took the test for the third time, Trump [posted](#), "I have been told that few people have been able to 'ace' this Examination and, in fact, most do very poorly, which is why many other Presidents have decided not to take it at all."

Neither Nasreddine nor Ishani Ganguli, a Harvard Medical School associate professor of medicine and a primary care physician at Brigham and Women's Hospital, said they would describe the test as "high difficulty," as Trump did.

"A 30/30 score would suggest normal cognitive function, meaning no evidence of cognitive impairment or dementia," Ganguli said.

Neither expert offered specific data on whether a 30 out of 30 is "very rare," but from their own experience, the frequency of a 30-point score is somewhere between "relatively uncommon," as Nasreddine estimated, and "somewhat common," as Ganguli said.

"It has to be sufficiently hard to detect early-stage cognitive disorders, and not too hard to decrease the risk of false positives," Nasreddine said.

Our ruling

Trump said his cognitive test results showed he has "extreme intelligence."

Medical experts have said Trump is describing the Montreal Cognitive Assessment, which is designed to detect cognitive impairment, not intelligence. A 30 out of 30 score shows that a patient has normal cognitive function, not high intelligence.

We rate the statement False.

Our Sources

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Email interview with Ishani Ganguli, associate professor of medicine at Harvard Medical School and practicing primary care physician at Brigham and Women's Hospital, June 2, 2026

Email interview with Ziad Nasreddine, neurologist and creator of the Montreal Cognitive Assessment, June 2, 2026

White House, statement to PolitiFact, June 2, 2026

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